

Curriculum Vitae

Trigg A. Even, PhD, LPC-S, NCC, ACS

Contact Information

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Professional Summary

Trigg A. Even is an emerging leader in higher education. An experienced faculty member, scholar, and academic innovator, he brings a commitment to excellence in the pursuit of meaningful outcomes that balance standards and data-driven design with student-centeredness. An exemplary model of the scholar-practitioner, Dr. Even has excelled as a versatile counselor educator and clinical supervisor with extensive practitioner and administrative experience in residential diversion and treatment, non-profit community youth and family services, public K-12 education, both public and private higher education, and entrepreneurial clinical settings.

Dr. Even has enjoyed many opportunities to serve his profession through organizational leadership and legislative advocacy, publication, conference presentations, and by maintaining active membership in state and national professional organizations.

Having presented to local, state, national, and international audiences, Dr. Even's conference proceedings include topics such as data-driven advocacy in counseling, K-12 education, and higher education, clinical supervision, ethical conduct and professional development, program assessment, and curriculum development.

His recent publications focus on topics to include counselor ethics, counselor supervision, accreditation and training standards in higher education, professional counselor development, and school-based mental health programming. His work can be read in *Counseling Today*, the *Journal of Counseling and Development*, the *Journal of Individual Psychology*, the *Journal of School Counseling*, and various edited books.

Education

PhD Counselor Education & Supervision (CACREP-accredited) May 2011

- TexasA&M University-Commerce, Commerce, TX

- Dissertation: *National Accreditation Standards and Graduate Ethics Training Pedagogy Among Licensed Professional Counselors Receiving Board Sanctions for Ethics Violations*

- Cognate: Counseling with Children and Adolescents

- Elective Cluster: Teaching in Higher Education

MS Community Counseling (CACREP-Accredited)

May 2003

- Texas A&M University-Commerce

BS Counseling Psychology

May 1999

- Southwestern University, Waxahachie, TX

Certification & Licensure

- Approved Clinical Supervisor (ACS), Center for Credentialing and Education, License #3495 in good standing since November 2019

- National Certified Counselor (NCC), National Board for Certified Counselors, License # 211057 in good standing since April 2006

- Licensed Professional Counselor (LPC), Colorado State Board of Professional Counselor Examiners, License # LPC.001463 in good standing since May 2018

- Licensed Professional Counselor Supervisor (LPC-S), Texas State Board of Examiners of Professional Counselors, License # 3965 in good standing since June 2009

- Licensed Professional Counselor (LPC), Texas State Board of Examiners of Professional Counselors, License # 19534 in good standing since June 2005

Professional Clinical & School-based Mental Health Practice Experience

2020 - Owner/Senior Lead Consultant, Rhythmus Consulting, Colorado

2020 - Contract LPC Counselor, Performance Brain Health Centers, Colorado

2014-2017 Certified Facilitator (pro bono), Fresh Hope Community Support Group for Individuals with a Mental Health Diagnosis and their Loved Ones, Waxahachie, TX

- 2010-2017 Owner/Counselor The Rhitmus Group, PLLC, Midlothian, TX
- 2003-2011 Student Support Counselor Mansfield Independent School District, TX
- 1999-2003 Program Director/Lead Consultant Family Connections/STAR, Waxahachie, TX
- 1998-1998 Intern Residential Counselor North Texas Teen/Life Challenge, Winnsboro, TX

Academic Service & Leadership Appointments

Leadership

- Chairperson, Curriculum Development Committee, MACMHC Program, College of Adult and Graduate Studies, CCU, Spring 2019 - Spring 2020
- Coordinator of School Counseling, Counseling & Human Services, University of North Texas Dallas, Fall 2015 – Summer 2017
- Chairperson and Member, Blue + Gold = Green Committee, Texas Wesleyan University, Fall 2012 – Fall 2014
- Chairperson, School Counseling Fifth Year Option Ad Hoc Committee, Texas Wesleyan University, Fall 2013-Fall 2015
- Academic Affairs Committee, Texas Wesleyan University, Fall 2012- May 2015
- Master of Science in School Counseling (MSSC) Program Assessment Chairperson, Texas Wesleyan University, 2012-Fall 2015
- PhD in Marriage and Family Therapy Development Committee Member, Texas Wesleyan University, 2012-2014

Contributing

- Contributing Faculty, Graduate Admissions Review, MACMHC Program, College of Adult and Graduate Studies, CCU, Spring 2018 - Spring 2020
- Member, Faculty and Clinic Director Search Committee, MACMHC Program, College of Adult and Graduate Studies, CCU, Spring 2019
- Interim Chair, Curriculum Development Committee, MACMHC Program, College of Adult and Graduate Studies, CCU, Fall 2018
- Member, Curriculum Development Committee, MAC Program, College of Adult and Graduate Studies, CCU, Spring 2018 - Fall 2018

- Member, Mental Health Coalition, School of Human Services, University of North Texas Dallas, Spring 2016 – Fall 2017
- Ad hoc Assistant Counseling Center Director Search Committee, Student Services, University of North Texas Dallas, Summer 2016
- Ad hoc Community Counseling Clinic Director Search Committee, Counseling & Human Services, University of North Texas Dallas, Summer 2016
- Ad hoc CACREP Accreditation subcommittee, Counseling & Human Services, University of North Texas Dallas, Fall 2015 – Summer 2017
- Ad hoc Texas Education Agency Compliance Committee Chair, Counseling & Human Services, University of North Texas Dallas, Fall 2015 – Summer 2017
- Ad hoc LPC Program Self-Study Audit, Graduate Counseling Department, Texas Wesleyan University, Spring 2015
- Ad hoc Search Committee Member, Department of Kinesiology, School of Education, Texas Wesleyan University, Fall 2013- Spring 2014
- Graduate Counseling Curriculum Development Ad Hoc Committee, Texas Wesleyan University, Summer 2013-Fall 2015
- Graduate Counseling Clinical Comprehensive Evaluation Ad Hoc Committee, Texas Wesleyan University, Spring 2013-Fall 2015.
- Distance Education Policy Committee member, Texas Wesleyan University, Spring 2013-Fall 2014
- Graduate Programs Advisory Council, Texas Wesleyan University, Fall 2012-Fall 2015
- CACREP and COAMFTE Accreditation Sub-Committee Member, Texas Wesleyan University, 2012- 2014
- Educators Network Committee Member, School of Education, Texas Wesleyan University, 2012
- Master of Arts in Professional Counseling (MAPC) Program Assessment and Audit Committee Member, Texas Wesleyan University, 2011
- Glick House Counseling Center Program Assessment and Operations Committee Member, Texas Wesleyan University, 2012-2015
- Graduate Counseling Admissions Committee Member, Texas Wesleyan University, 2011- 2015
- Ad hoc Academic Rigor Committee Member, Graduate Counseling Department, Texas Wesleyan University, 2011
- Ad hoc Substance Abuse Counseling Training and Comprehensive Evaluation Committee Member, Graduate Counseling Department, Texas Wesleyan University, 2011

Professional Service & Leadership Appointments

Leadership

- Treasurer, Executive Committee of the Texas Association of Marriage and Family Counselors (TAMFC), a division of Texas Counseling Association, 2014-2017
- Texas Counseling Association's Ethics Committee 2011-2012
- Texas Counseling Association's School Counselor Issues, Advocacy, and Public Policy (SCIAPP) Committee 2010-2011
- Public Relations Chairperson, Texas Counseling Association 2009 Professional Growth Conference Planning Committee

Contributing

- Program Reviewer, Rocky Mountain Association for Counselor Education & Supervision, a division of the American Counseling Association, 2020
- Mental Health Stakeholders Meetings, Colorado Public Health Committee/DORA, Spring 2020
- Ad hoc Sunset Review Advisory Committee. Colorado Counseling Association, 2018
- Program Reviewer, Texas Counseling Association Professional Growth Conference, 2016
- Program Reviewer. Texas Counseling Association Professional Growth Conference, 2015.
- Audio-Visual Support Committee, Texas Counseling Association 2011 Professional Growth Conference
- Ellis County Community Planning Team Participant, FY 2005 Ellis County (TX) Criminal Justice Community Plan

Graduate Faculty (Teaching & Research) Appointments

Colorado Christian University (CACREP-Accredited Clinical Mental Health Counseling)

- November 2017 - May 2020
- Rank: Assistant Professor
- Courses Taught: Core CACREP curriculum, Clinical Internships, Electives

- Format of Courses: Synchronous Face-to-Face, Synchronous Condensed/Intensive, Asynchronous Online, Hybrid, Clinical Supervision

University of North Texas-Dallas (CACREP-Accredited CMHC and School Counseling)

- August 2015 - December 2017
- Rank: Associate/Professor of Practice (a modified tenure-track line)
- Courses Taught: Core CACREP curriculum, Clinical/School Internships, Electives
- Format of Courses: Synchronous Face-to-Face, Hybrid, Clinical Supervision

Texas Wesleyan University (CMHC, School Counseling, Marriage & Family Therapy)

- January 2008 - December 2015
- Rank: Assistant Professor (Tenure-eligible)
- Courses Taught: Core CMHC, School, and MFT curriculum, Clinical/School Internships, Electives
- Format of Courses: Synchronous Face-to-Face, Synchronous Condensed/Intensive, Asynchronous Online, Hybrid, Clinical Supervision

Texas A&M University-Commerce (CMHC, School Counseling, Marriage and Family)

- August 2010 - May 2011
- Rank: Teaching Assistant (PhD Teaching Cognate and Residency Requirement)
- Courses Supported: CACREP Core Curriculum

Detailed List of Graduate-level Teaching Experience

Counseling Skills I

Counseling Residency I, II, III

Human Growth & Development

Counseling Internship I, II, III

Professional Orientation and Ethics

Basic Counseling Skills

Assessment and Appraisal in Counseling

Counseling Skills II

Psychopharmacology

Crisis Intervention & Trauma

Research & Program Evaluation

Professional School Counseling

Special Problems in Counseling

Foundations of Research Method

Theories of Counseling	Lifespan Human Development
Techniques of Appraisal and Assessment	Career Development
Advanced Counseling and Crisis Intervention Skills	Counseling Children and Adolescents
Introduction to School Counseling	School Counseling Programs
School Counseling Practicum	Clinical Mental Health Practicum
Marriage and Family Therapy Practicum	Research Applications (Doctoral)

Research and Scholarship

Authored Books

- Even, T.A. (2020). *What matters to teens: Simple encouragement strategies for adults who want to help*. Scholars-Press.

Chapter in an Edited Book

- Even, T.A., & Williams, M. (2018). Assessment in K-12 School Counseling. In McHenry, B., MacKluskie, K., & McHenry, J. (Eds.), *Tests and assessment in counseling: A case by case exploration*. Routledge/Taylor & Francis Group.
- Even, T.A. (2016). The ethical and legal differences and similarities of working with children and adolescents between clinical mental health counseling and professional school counseling. In Sartor, T.A., McHenry, B., & McHenry, J. (Eds.), *The ethics of counseling children and adolescents*. Routledge/Taylor & Francis Group.

Professional Journals

- Even, T.A., & Quast, H. (2017). Mental health and social emotional programming in schools: Missing link or misappropriation? *Journal of School Counseling*, 15(5), 1-32.
- Even, T.A., & Robinson, C.R. (2013). The impact of CACREP accreditation: A multiway frequency analysis of ethics violations and sanctions. *Journal of Counseling and Development*, 91, 26-34.
- Even, T.A., & Armstrong, S.A. (2011). Using sandtray to collect early recollections in Adlerian play therapy. *The Journal of Individual Psychology*, 67, 4, 391-407.
- Even, T.A. (May 2012). Making a case for CACREP curriculum standards. *Counseling Today*. American Counseling Association.

Textbook Reviews

- Even, T.A. (2015). Invited Review of Erford (2015). *Transforming the School Counseling Profession* (4th ed.). Pearson Education, Inc.
- Even, T.A. (2013). Invited Review of Studer (2014). *The Essential School Counselor*. Sage Publications.

- Even, T.A. (2014). Invited Review of Wong, Hall, Justice, & Hernandez (2015). *Counseling: Working with Individuals Through the Lifespan*. Sage Publications.

Professional Presentations

Refereed Presentations

- Even, T.A. (August, 2019). *State-level trends in counselor ethical misconduct and sanctions*. Accepted for Presentation to the Colorado Counseling Association, Lakewood, CO
- Even, T.A. (May 2019). *What matters to teens: How adolescents ranks developmental tasks*. Presented to the Bridging the Gap Minority Fellowship Conference, Atlanta, GA
- Even, T.A. (February, 2017). *Mental health intervention in Schools*. Presented to the Texas School Counseling Association (TSCA) Annual Conference. Arlington, TX
- Even, T.A. (January, 2017). *Data-driven advocacy for school-based mental health programming*. Presented to the Lone Star State School Counseling Association (LSSSCA) Conference. Frisco, TX
- Even, T.A. (July, 2016). *Mental health prevention and intervention in K-12 education: Missing link or misappropriation?* Presented to the International Positive Education Network Conference. Dallas, TX
- Even, T.A. (February, 2015). *Parallel process in supervision: Influencing outcomes in child abuse prevention*. Accepted for presentation at the 29th Annual Conference on the Prevention of Child Abuse. Las Colinas, TX
- Even, T.A. (January, 2015). *Voluntary supervision among fully-licensed counseling professionals*. Accepted for presentation at the Texas Association for Counselor Education and Supervision Mid- winter Conference. Austin, TX
- Even, T.A. (August, 2014). *School counselors as consultants: Building solutions with stakeholders*. Presented at the first annual Teaching and Counseling Toward Solutions Conference. Irving, TX
- Simpson, A., & Even, T.A. (November, 2013). *Core colors of the explosive child: Using colors to communicate with children diagnosed with Autism spectrum disorders*. Presented at the Texas Counseling Association (TCA) Professional Growth Conference. San Antonio, TX
- Even, T.A. (November, 2013). *Ethical misconduct among experienced and senior level professional counselors*. Presented at the Texas Counseling Association (TCA) Professional Growth Conference. San Antonio, TX
- Even, T.A. (September, 2013). *Preparing school counseling students for accountability and outcome assessment*. Presented at the Association for Assessment and Research in Counseling (AARC) National Assessment and Research Conference. Houston, TX

- Even, T.A., & Nolen, J. (March, 2013). *A survey of 21st Century adolescent developmental tasks: Critical reflection on Havighurst and the implications for family therapists*. Accepted for presentation at the Texas Association of Marriage and Family Therapists (TAMFT) Annual Conference. Austin, TX
- Even, T.A. (September, 2012). *Experiential learning with an assessment course: Data-driven curriculum redesign*. Presented at the Association for Assessment in Counseling and Education (AACE) National Assessment and Research Conference. Orlando, FL
- Even, T.A., & Crook, J.C. (September, 2012). *An evaluation of counselor education program learning objectives*. Presented at the Association for Assessment in Counseling and Education (AACE) National Assessment and Research Conference. Orlando, FL
- Even, T.A. (November, 2011). *The scope of ethical misconduct: Assessing the impact of accreditation standards and ethics training*. Presented at the Texas Counseling Association Professional Growth Conference. Fort Worth, TX
- Even, T.A. (September, 2011). *The impact of CACREP accreditation: A multiway frequency analysis (MFA) of ethics violation and sanction data*. Presented at the AACE National Assessment and Research Conference. Fort Worth, TX
- Even, T.A., with Adleta, C.D., Burton, C., Cook, L., & Jackson, C. (June, 2010). *Real life interventions for challenging students*. Presented at the Mansfield ISD Curriculum Conference. Mansfield, TX
- Even, T.A. (February, 2010). *Lifestyle solutions: A constructivist-Adlerian integration and the role of encouragement in the therapeutic process*. Presented at the Solution-Focused Institute. Fort Worth, TX
- Even, T.A. with Adleta, C.D., Burton, C., & Cook, L. (June, 2009). *Cyberbullying: The new face of bullying*. Presented at the Mansfield ISD Curriculum Conference. Mansfield, TX
- Even, T.A., Matthews, C., & Timoteo, M. (September, 2008). *Evaluation of an experiential group counseling component for training master's-level counselors*. Presented at the AACE National Assessment and Research Conference. Dallas, TX.
- Even, T.A., Matthews, C., & Timoteo, M. (November, 2008). *Evaluation of an experiential group counseling component for training master's-level counselors*. Presented at the Texas A&M System Pathways Research Symposium. Commerce, TX
- Even, T.A. (May, 2006). *The language of discipline: Enlisting student cooperation*. Presented at the Mansfield ISD Curriculum Conference. Mansfield, TX

Invited Presentations

- Even, T.A. (March, 2020). *Analyzing data with your research questions, and your audience, in mind*. [Webinar]. Presented to the Chi Sigma Iota chapter of Colorado Christian University, Colorado Springs, CO

- Even, T.A. (September, 2015). *Positive discipline strategies in the home*. Presented to the PREP U Symposium, Nancy Cochrane Elementary, Dallas ISD. Dallas, TX
- Even, T.A. (August, 2013). *Sandtray solutions for school counselors*. Presented to certified elementary school counselors of Garland ISD. Garland, TX
- Even, T.A. (August, 2013). *Experiential counseling in the school setting*. Presented to certified secondary school counselors of Garland ISD. Garland, TX
- Even, T.A. (August, 2012). *Solutions in the sand: Strategies for school counselors*. Presented to certified elementary school counselors of Frisco ISD. Frisco, TX
- Even, T.A., & Cook, L.J. (August, 2012). *Activity-based counseling for school counselors*. Presented to certified middle school counselors of Frisco ISD. Frisco, TX
- Even, T.A., with Adleta, C.D., & Cook, L.J. (November, 2008). *Death at school: The school counselor's response to campus-wide loss*. Presented at the Mansfield ISD Guidance Counselor Program Update. Mansfield, TX
- Even, T.A. (October, 2007). *Classroom response strategies for substance abusing students*. Presented to the faculty and administration of Summit High School. Arlington, TX
- Even, T.A. (August, 2007). *Communication strategies for addressing disruptive student behavior: Solution-focused and Adlerian concepts in the classroom*. Presented to the faculty and administration of Ben Barber Career Technology Academy. Mansfield, TX
- Even, T.A. (March, 2005). *Parenting strategies with the ADHD-diagnosed child*. Presented to Parent Teacher Association members and families. Cross Timbers Intermediate School. Arlington, TX.
- Even, T.A. (Fall 2000; Spring, 2001). *Teaching and classroom management strategies for use with at-risk students*. Presented to multiple sections of undergraduate teacher education students. Professor: Larry Goodrich, PhD. Southwestern A/G University. Waxahachie, TX
- Even, T.A. (Spring, 2000-2003). *Working with at-risk youth: Challenges and rewards*. Presented to multiple sections of undergraduate psychology students. Professor: Amy Valigura, MS. Navarro College. Waxahachie, TX

Professional Association

- American Counseling Association member since 2014
- Association for Counselor Education and Supervision, Rocky Mountain Region
- Association for Assessment and Research in Counseling member since 2014

- Colorado Counseling Association professional member since 2018
- Colorado Association for Counselor Education and Supervision division member since 2018
- North American Society of Adlerian Psychology member since 2008
- Texas Counseling Association member since 2001
- Texas Association for Counselor Education and Supervision member since 2009
- Texas School Counselor Association member 2012 - 2017
- Texas Association for Marriage and Family Counselors member 2014 – 2017
- Tarrant County Challenge Coalition participant 2005-2011

Grants & Awards

- Alumni Ambassador Program Nominee, Spring 2016, Psychology, Special Education, and Counseling. Texas A&M University-Commerce
- Outstanding Division Award given to the Executive Board, November 2015, Texas Association of Marriage and Family Counselors (TAMFC). Texas Counseling Association. Austin, TX
- President's GEM Award given to Counseling Faculty for the development and inception of the PhD in Marriage and Family Therapy program, December 2014. Graduate Counseling Department. School of Education. Texas Wesleyan University. Fort Worth, TX
- Texas STEP Tobacco Education and Prevention, Spring 2005, Implemented Fall 2005. Estimate of Award: \$14,000
 - Awarded to Mansfield ISD First Step program to provide substance abuse prevention and intervention services.
- Texas Department of Protective and Regulatory Services, S.T.A.R. Program, August 2003, Implemented September 2003. Estimate of Award: \$250,000
 - Awarded to the Texas Baptist Home for Children to deliver counseling and psycho-educational services to youth and families in Ellis and Navarro Counties during a four-year procurement cycle.